

Thank you for signing up with Simply Sailing. To ensure you get the most out of your upcoming course, please read the following information carefully including any attached files.

#### **Sailing Class Location & Time**

This course takes place from our Granville Island location. Meet under the "Simply Sailing" sign on E-dock, at the west end of the boatyard.

- Time: 9:00 am - 5:00 pm
- Lunch: Please bring your own lunch. Afloat classes will have lunch while on the boat.

#### **Course Material**

Course book: You will receive the course book via mail. If you would like to study before receiving your book, an electronic version (only available for Apple devices) can be purchased online for \$10.

[Basic Sailing and Cruising Skills by Rob MacLeod E-Book](#)

Pleasure Craft Operator Card (PCOC): If you already have your PCOC card, please inform the school.

If you DO NOT have your PCOC card, we will provide you a code to access the online course. You will be required to complete the tutorial and online test before the first day of the sailing course.

Please visit the PCOC course site and set-up an account: <http://safeboatingcourse.ca/>

Practice Quiz: We have provided a practice quiz to test your knowledge. Please complete this quiz before the start of the course.

***It is strongly recommended you read the course book, take the PCOC online course and work through the practice quiz before the sailing course starts. This will greatly enhance your course experience. You will be tired after a day on the water and don't want to spend all evening having to study the book.***

#### **Certification**

Upon successful completion of the course you will receive the *Basic Crew* or *Basic Cruising Standard*. The content of the course is the same for both standards; for the *Basic Crew Standard* you need to be able to assist the skipper on the basic level, while for the *Basic Cruising Standard* you need to demonstrate that you can be in charge of boat and crew and act as a skipper.

During the course there will be a written exam. This will cover the topics listed under "Ashore Knowledge" (see "Course Curriculum"). There is no afloat practical exam. However, it is expected that you will be able to demonstrate the afloat skills confidently as described under "Afloat Skills" (see "Course Curriculum").

#### **Terms & Conditions**

Please refer to our website for terms & conditions such as payment, cancellation policy, missed classes and other important information. These terms may change from time to time without notice.

### **Clothing**

The course will take place rain or shine unless winds are too high to safely sail. Dress in layers, you will be surprised how much temperature difference there is between the beach and on the boat in a light breeze. Synthetic fabrics are preferable (merino wool, polypropylene, etc). Cotton and Denim are not recommended, once they get wet, they stay wet and cold. For sunny days bring a light windbreaker, hat, sunglasses and sunblock. For rainy days a rain jacket, rain pants and waterproof footwear will be necessary.

### **Footwear**

Closed toed shoes are required for walking on the deck of the boat; no sandals or flip flops please. The soles have to be non-marking (white, light grey or cream color only, unless they are 'non-marking' soles). For rainy days rubber boots work well. However, the boots should have a soft, non marking sole. If at all possible, you will want to have waterproof shoes, as the cockpit can get wet.

**Absolutely no black soled shoes (unless they are labelled 'non-marking').**

### **Sailing Gloves**

We strongly recommend wearing gloves. Sailing gloves will protect your hands when handling the lines on the boat. Some people prefer the rubbery garden gloves or work gloves. These types of gloves can be picked up for a reasonable price at places like Home Depot or Canadian Tire.

### **Marine Stores**

- Wright Mariner at Coal Harbour Marina
- Steveston Marine (1667 W. 5<sup>th</sup> Ave), near Granville Island
- Helly Hansen (766 Granville St, Vancouver), Helly Hansen Outlet (805 Boyd St, New Westminister)
- Strubb Active Wear (1616 Duranleau St, Granville Island)
- Walmart, Canadian Tire and Mark's do have a good selection of gumboots
- Online marine stores: Binnacle.ca

### **Personal Flotation Device/Life Jacket (PFD)**

A PFD will be provided for you.

### **Motion Sickness**

If you are prone to motion sickness or are unsure if you are prone to motion sickness, it is strongly recommended you talk to a pharmacist or doctor regarding motion sickness medication. There are plenty of non-drowsy types of anti-nausea medicine. It is better to have it and not need it, than not have it and need it. We cannot provide this type of medication to our students.